If you have been exposed…
(spent 15 minutes in a 24 hour period — regardless of masking — with someone who has tested positive)

Are you up to date on COVID-19 vaccinations?

YES

- Continue to work/attend classes as usual.
- Wear a mask around others for 10 days.
- Self-monitor for any symptoms.
- Self-test at home on day 5 after the exposure.

NO

- Quarantine at home for 5 days.
  - Do not come to work or attend classes.
  - Avoid eating around others.
- Wear a mask around others for the following 5 days.
- Self-monitor for any symptoms.
- Self-test at home on day 5 after the exposure.

IF YOU EXPERIENCE ANY COLD OR FLU SYMPTOMS

- Attest to your symptoms in Covid Pass
- Take a Covid test (either at MIT or an over-the-counter rapid test)
- Stay home until you receive your results.

Did you test positive?

YES

- Continue to mask, test, and self-monitor for symptoms as you normally would.
- If you experienced any cold or flu symptoms, stay home until you feel better.

NO

- There’s no need to report your positive test result, as it is already in MIT’s system.
- Report your positive test result using the Covid Pass daily attestation tool.

Was it an MIT campus-issued test?

YES

- Complete MIT Medical’s Case Information Form. The form will give you more detailed instructions on your isolation period.
- Notify your close contacts. If any of them are unvaccinated or eligible for a booster, but have not received it, they must quarantine for 5 days.
- Isolate for 5 full days after your positive test result or after the onset of symptoms, whichever is later. Start counting on the first full day after your positive test or after symptom onset. NOTE: Covid Pass will automatically restore your campus access five full days after your positive test. However, if you develop symptoms for the first time after testing positive, you should continue isolating, and you should not access campus until five full days have passed since your symptoms began.
- If you have been fever-free for at least 24 hours and any other, remaining symptoms are mild and improving, you may leave isolation after five full days.
- Continue to wear a mask around others in all settings for an additional 5 days after leaving isolation.
- Do not test with MIT’s testing program for 90 days.

NO

- Report your positive test result using the Covid Pass daily attestation tool.

Did you test positive?

YES

- Continue to mask, test, and self-monitor for symptoms as you normally would.
- If you experienced any cold or flu symptoms, stay home until you feel better.

NO

- There’s no need to report your positive test result, as it is already in MIT’s system.
- Report your positive test result using the Covid Pass daily attestation tool.

What counts as “up to date?”
Up to date means that you received all doses in the primary series AND that you have received all boosters recommended for you if you are eligible to receive them.